

ABBY



NURTURING BEGINNINGS Q&A SESSIONS

An opportunity to ask questions of a midwife to support expectant new parents as they prepare for the birth of their baby.

Why come along?

Get ready for the joys and challenges that come with becoming a parent ✓

Find support for day-to-day life from both the group leader and also other parents on the course ✓

Learn about taking care of your wellbeing and the emotional wellbeing of your baby ✓

Sessions are virtual ✓

 Weekday

 Morning / Afternoon

 Hodge Hill
Ladywood
Northfield



Sign up today
using the QR
code!

 www.reesfoundation.org/startforlife

