



# LET'S MOVE CHILDREN AND BABY ACTIVITY GROUP



Come along to our fun and informal baby and children's groups for ages 2 to 5 years old. These groups are available exclusively to care experienced parents.

## Mini Athletics

Sessions are designed to enhance children's balance, coordination and fundamental physical skills ✓

Sessions also help develop children's confidence, self-esteem and communication skills ✓

A practical and helpful introduction to sporting activities that parents and children can enjoy together ✓

An opportunity to meet other care experienced parents ✓

 Tuesdays

 1:30pm-2:30pm

 Northfield



Sign up today  
using the QR  
code!



[www.reesfoundation.org/startforlife](http://www.reesfoundation.org/startforlife)

