

MIKE



DADS ARE DIAMONDS

This support group provides a safe space for care experienced fathers, or partners of care experienced individuals, to discuss parenthood.

Why come along?

Both new and experienced fathers have the opportunity to network and share experiences openly and honestly



Older children are welcome to come with you



Led by a mental health professional and dad, sessions aim to strengthen emotional wellbeing



The group seeks to reduce feelings of isolation and build new relationships



Sessions also available virtually



Weekday



Morning / Afternoon



Hodge Hill
Ladywood
Northfield



Sign up today
using the QR
code!



www.reesfoundation.org/startforlife

